

TEST ON TAKING TESTS!

Name _____

Each of the 14 statements is a suggestion for preparing to take tests or for taking objective tests. Read them carefully. Mark each statement "T" for true or "F" for false. For each false statement, briefly explain why the statement is false.

- 1. It is helpful to know what kind of test your teacher is going to give you. _____
- 2. Teachers almost never give clues beforehand about what's going to be on a test. _____
- 3. People learn most efficiently by studying for one long period of time the night before a test. _____
- 4. The best way to study is to re-read your notes and assignments. _____
- 5. It's very helpful to try to anticipate what questions your teacher will ask you on the test and then tell yourself the answers to those questions when you're studying. _____
- 6. A good way to prepare for a test is to watch the late show with your friends and eat breakfast in the morning. _____
- 7. A good way to study is to review your notes, ask yourself questions based on your notes and answer them, and identify what the key concepts and details are in your notes. _____
- 8. Students who worry a lot about tests always do better. _____
- 9. You should always study for a test by yourself. _____
- 10. You should begin to answer the first question on the test right after you read it. _____
- 11. Read all the directions on the test carefully. Then follow them exactly. _____
- 12. Guess whenever you don't know the answer unless there's a penalty for guessing. _____
- 13. Do the hardest questions first. That way you'll get the hardest questions out of the way. _____
- 14. Don't second guess yourself when going over your answers. Trust your first judgment unless new information comes up. _____

ANSWERS FOR TRUE/FALSE QUESTIONS

1. TRUE Yes, it's very helpful to know what kind of test you are going to have. If you know what kind of test you'll have, you'll be better able to study for it.
2. FALSE Not true! Teachers often give clues about what they think is most important, and what they think is important is usually what you'll need to know for a test. Pay close attention to what the teacher says in the classes just before the test.
3. FALSE No, people don't learn best this way. You can learn more by studying for several shorter periods of time rather than one long one. If possible, study for some time on each of the several days before the test. Don't wait until the last night to begin to study.
4. FALSE No, don't just re-read! When you study, ask yourself questions about the material and then answer them. If you can't answer them, then look up the answer. Study actively!
5. TRUE Yes! Try to anticipate what questions your teacher will ask you, and then tell yourself the answers. You'll be surprised at how good you can get at this!
6. FALSE Get a good night's sleep before a test. Be as physically ready as you would be for a sporting event. However, it does help most people to eat breakfast before they take a test.
7. TRUE If you have taken notes along the way, they will be the best resource you have in preparing for a test. Go over the notes, and identify and review the key concepts and details.
8. FALSE Not true! Worrying won't help you. When you study and when you take the test, try to relax. Don't worry; do the best you can!
9. FALSE Some people can study very effectively with other students. Other students try to study with friends but often end up talking about things other than the test. The answer to this question for you depends on your learning style and what helps you to learn best.
10. FALSE No, don't start answering right away. First, look over the entire test. Know how much time you have to finish it, and how much time you want to give to each question or set of questions,
11. TRUE Yes! Read all directions carefully; follow them exactly.
12. TRUE Yes! Guessing can't hurt your score, unless there's a penalty for guessing. And you may guess the right answer!
13. FALSE Not necessarily. For most people, it's best to use a plan in which you do the questions you know best first. If you do this, it will make sure that you answer all of the questions that you do know. It will also help to boost your confidence. Some people, however, prefer to do the hardest questions first. Also, if you don't know the answer to a question, don't spend a lot of time puzzling over it. Go on to the next questions, and come back to the difficult one later if you have time.
14. TRUE Yes! When going over your answers, trust your first judgment unless new information comes up to convince you that your first answer is wrong. Don't second guess yourself.