

Learning Styles Inventory

Name _____

Read the statements in each group. Place a ✓ before any statement which is true for you.
Write the total the number of ✓ marks for each group.

Group 1

- _____ 1. I like to read when I have free time.
- _____ 2. I like to read a report rather than be told what's in it.
- _____ 3. I understand something best when I read it.
- _____ 4. I remember what I read better than I remember what I hear.
- _____ 5. I would rather read a newspaper than watch the news on TV.

_____ **Total number of check marks in Group 1**

Group 2

- _____ 1. I take notes when I read to better understand the material.
- _____ 2. I take notes in class to help me remember what the teacher said.
- _____ 3. I like to recopy my class notes as a way of better understanding the material.
- _____ 4. I make fewer mistakes when I write than when I speak.
- _____ 5. I keep track of my schedule by writing it down.

_____ **Total number of check marks in Group 2**

Group 3

- _____ 1. I like to listen to people discuss things.
- _____ 2. I learn more when I watch the news than when I read about it.
- _____ 3. I usually remember what I hear.
- _____ 4. I would rather watch a TV show or movie based on a book than read the book itself.
- _____ 5. I learn better when I listen to a teacher speak in class than when I take notes from a textbook on the same subject.

_____ **Total number of check marks in Group 3**

Group 4

- _____ 1. I remember things better when I say them out loud.
- _____ 2. I talk to myself when I try to solve problems.
- _____ 3. I communicate better on the telephone than I do in writing.
- _____ 4. I learn best when I study with other people.
- _____ 5. I understand material better when I read it out loud.

_____ **Total number of check marks in Group 4**

Group 5

- ___ 1. I can "see" words in my mind's eye when I need to spell them.
- ___ 2. I picture what I read.
- ___ 3. I can remember something by "seeing" it in my mind.
- ___ 4. I remember what the pages look like in books I've read.
- ___ 5. I remember people's faces better than I remember their names.

___ **Total number of check marks in Group 5**

Group 6

- ___ 1. I like to make models of things.
- ___ 2. I would rather do experiments than read about them.
- ___ 3. I learn better by handling objects.
- ___ 4. I find it hard to sit still when I study.
- ___ 5. I pace and move around a lot when I'm trying to think through a problem.

___ **Total number of check marks in Group 6**

Write your total number of check marks for each group below.

The groups in which you placed the most check marks are your strongest learning styles.

Circle ○ your two strongest learning styles.
Place a ✓ next to your weakest learning style.

Group 1. _____ **reading**

Group 2. _____ **writing**

Group 3. _____ **listening**

Group 4. _____ **speaking**

Group 5. _____ **visualizing**

Group 6. _____ **manipulating**