

## Jennifer's Reflection



At the beginning of this semester, I had a very vague idea of what leadership was and is. I am typically the type of person that would rather work alone and not in groups. With the little information about leadership that I knew, I felt leadership was a skill or characteristic that is embedded in a person's DNA. I saw leadership as the necessary skill required in order for a group of people to succeed and achieving their goal. Little did I know that there was more to leadership than what I had originally thought.

From this class I have learned a lot more about leadership and what is required to be a good leader. A leader has to be able to compromise with his or her team in order to achieve his or her goal. The goal should be based on what is best for the team as a whole and not just what is best for the leader. I also learned that communication and trust is a big factor in leadership. Without communication, nothing

will ever be completed. If everyone decided to just do whatever they feel like doing, then it would more than likely lead to the destruction of the team.

Another key concept to leadership that I had to learn through experience was trust. When I first started the class I really did not like working with other people because I did not like having to trust my grade in the hands of someone else. Nevertheless, I had overcome that obstacle and am willing to trust others as long as they trust me. Leadership is a bond between the group and his or her leader and the bond that binds them together is trust.

This practicum has left me with a new found definition of leadership. It has taught me that no matter what it is nice to be able to work with others toward a common goal. Once the common goal is achieved, it makes it so more gratifying and rewarding. Not only did I feel rewarded by the completion and presentation of our project, but I could feel the appreciation from the juniors after our presentation. Nothing was more fulfilling than seeing the look on the juniors' faces when everything clicked together and they understood the material at hand.

From working in a group with Ashley I was enabled to trust and communicate with someone other than myself. I enjoyed my time working with Ashley and interacting with the junior class. As a senior

sonography student I am in a leadership position because I am an older student who has already been through what the juniors are just not going through. I know how lost I felt my first semester in the Radiologic Science program and I hope that I helped the juniors with their anxiety. My duty as a senior student Radiologic Science is to lead the junior students to achieve a higher level and my duty in the health profession is to be professional with the utmost caution and seriousness.