

TIME FOR TASKS

Name _____

Tasks I can complete in 5 minutes:

1. _____
2. _____
3. _____

Tasks I can complete in 20 minutes:

1. _____
2. _____
3. _____

Tasks I can complete in 1 hour:

1. _____
2. _____
3. _____

Tasks I can do when my energy level is low:

1. _____
2. _____
3. _____

Tasks I should do when my energy level is high:

1. _____
2. _____
3. _____

TIME FOR MATH TASKS

Name _____

Math tasks I can complete in 5 minutes:

1. _____
2. _____
3. _____

Math tasks I can complete in 20 minutes:

1. _____
2. _____
3. _____

Math tasks I can complete in 1 hour:

1. _____
2. _____
3. _____

Math tasks I can do when my energy level is low:

1. _____
2. _____
3. _____

Math tasks I should do when my energy level is high:

1. _____
2. _____
3. _____